

Promoting healthy ageing and improving access to services



Access to health and support services is generally good

Older people are less likely to experience one or more types of unmet needs for primary health care

Less than 3%
for people
75+

Less than 2%
for people
65–74

2.2%
of older people are **unable to access a GP due to transport**



People are living longer

However, there has been a very small increase in the average number of years people need assistance for a long-term health condition or disability

89%
is the average
occupancy rate
of dementia beds
across NZ

6 DHBs
are at
over 95%
occupancy

2 of the top 3 occupations

for which Essential Skills visas were approved between April–June 2020 were **Personal Care Assistant** and **Registered Nurse (Aged Care)**



Smoking rates have declined across all age groups



All age groups are less likely to eat the recommended 5+ fruit and vegetables a day



Older age groups are **not reducing hazardous drinking** in line with other age groups



The incidence of serious injuries has generally been **increasing for those 50 years and older**, and becomes more serious for those who are frail