

# Better Later Life

## He Oranga Kaumātua

### 2019 to 2034

## Vision

**Older New Zealanders lead valued, connected and fulfilling lives**

## Guiding principles

Valuing people as they age

Keeping people safe

Recognising diversity and that everyone is unique

Taking a whole-of-life and whānau-centred approach to ageing

Taking collective responsibility to plan and act for later life

## Key areas for action

### WHAT WE WANT TO ACHIEVE

### WHAT NEEDS TO HAPPEN



#### Achieving financial security and economic participation

- Older people have an adequate standard of living
- New Zealand is financially prepared for an ageing population
- Older workers are treated fairly
- Older people can work and those who can't due to health or disability are supported

- People save earlier
- Information on saving options
- Central and local government plan to respond to an ageing population
- Employers consider and respond to impact of increased numbers of older workers
- Workplaces provide flexible work environments and learning and development for older workers
- Supplementary assistance available



#### Promoting healthy ageing and improving access to services

- People enter later life as fit and healthy as possible
- People have equitable access to health and social services
- A whānau-centred approach is taken to design and delivery (see also diversity below)

- People stay fit and healthy
- Implement Healthy Ageing, Disability and Carers Strategies
- Improve and better coordinate access to health and social services
- Consider older people, diversity and flexibility when designing services
- Recognise co-design and whānau centred partnership as important



#### Creating diverse housing choices and options

- People can age in place they call home, safely and where possible independently

- Functional affordable housing options that respond to diversity available with good access to public transport/services with tools available to help consider these
- Universal design considered in new builds
- Sufficient public and community housing
- Support for homelessness
- Older tenants adequately protected



#### Enhancing opportunities for participation and social connection

- As we age, we remain socially connected and actively participate in our communities
- Reduce loneliness amongst older people
- Older people valued and respected
- Opportunities to contribute to society regardless of age
- People supported to make choices and make decisions
- As they age, people feel and are safe
- Elder abuse and neglect reduced and people who experience it supported
- People who do not use technology can still access services and be safe to do so
- Volunteering is supported
- Recognise the diversity of our older population

- Support people to plan for later life earlier including transitioning out of paid work
- Accessible built environments and community spaces
- Communities address loneliness and social isolation
- Joined up approach across government
- Ageism confronted and addressed
- Older people contribute to and empowered to make decisions, and supported when they lose capacity
- Improve uptake of Power of Attorney and Advance Care Planning
- Focus on dealing with all aspects of elder abuse
- Innovative technological solutions to help older people
- Different ways to access government services considered
- Volunteering – promote and address barriers
- Ways to adapt to change including mastering new activities



#### Making environments accessible

- NZ communities, facilities, places and spaces are age-friendly and accessible
- As we age we can easily and safely get to where we want to go

- Age-friendly Aotearoa implementation
- Improved public transport
- Footpaths, cycle lanes and crossings are safe
- Transport options for those with disability