



# Better Later Life He Oranga Kaumātua 2019 to 2034

A SUMMARY OF THE STRATEGY

**Making the future better for New Zealanders as we age**  
Kia oranga kaumātua ō rā ki te ao

NOVEMBER 2019

# Vision

## Te Whakakitenga

**Older New Zealanders lead valued,  
connected and fulfilling lives**

Kia noho ora tonu ngā kaumātua

# Guiding principles

## Ngā Mātāpono

**Valuing people as they age**

Te whakaaro nui ki te tangata i ō rātou rā ki te ao

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**Keeping people safe**

Te noho haumarū

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## **Recognising diversity and that everyone is unique**

Te aronui ki te āhua ake o ia tangata

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## **Taking a whole-of-life and whānau-centred approach to ageing**

Te whakarangatira i te kaumātuatanga mā ngā tikanga whānau

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## **Taking collective responsibility to plan and act for later life**

Te mahitahi ki te whakamahere i ōna rā ki te ao



# Summary of key areas for action



## Achieving financial security and economic participation

- All older people should have sufficient income, assets and other support to enjoy an adequate standard of living.
- Older people can work if they wish, want or need to. Those who can't work up to the age of NZ Superannuation entitlement are supported. Older workers should be treated fairly, and their skills and experience recognised.

### Initial actions

- Encouraging employment of those aged 50+.
- The State sector will role model good practice in the employment and support of an ageing workforce.
- Further enhance the SuperGold Card to deliver additional benefits.



## Promoting healthy ageing and improving access to services

- People enter their later years as fit and healthy as possible and can access the health and social services they need.
- Accessible and flexible health and social services are available for vulnerable older people.
- A person and whānau-centred approach is taken to the design and delivery of services.

### Initial actions

- Implement the Healthy Ageing Strategy 2016 and the New Zealand Disability Strategy 2016.
- Improve access and coordinate assistance to vulnerable older people.
- Continue to implement falls prevention programmes.



## Creating diverse housing choices and options

- People can age in a place they call home, safely and where possible independently.

### Initial actions

- Reform the Residential Tenancies Act 1986.
- Increase supply of public housing.
- Strengthen Housing New Zealand's focus on tenants' needs.
- Reduce homelessness and support those at risk of this.
- Identify and progress opportunities to improve housing options for older people.



## **Enhancing opportunities for participation and social connection**

- Loneliness is reduced, older people are socially connected and contribute and participate in their communities.
- Recognise older people are diverse – they age differently, with different aspirations and needs. They have the right to make choices and decisions about their lives as they age.
- The prevalence of elder abuse is reduced and older people feel and are safe.
- Older people use technology to help give them a better life and those who do not use technology can still access the services they need.
- All older people are respected and valued.

### **Initial actions**

- Combat elder abuse.
- Improve digital skills and inclusion.
- Improve access and availability of adult and community courses for older people.
- Encourage positive attitudes to older people and raise awareness of age discrimination.
- Improve access and coordinate assistance to socially isolated and other vulnerable people
- Promote the uptake of enduring power of attorney.



## **Making environments accessible**

- New Zealand communities, places and spaces and community facilities are age-friendly and accessible.

### **Initial actions**

- Work with government agencies and local authorities to plan for, and take action to respond to, an ageing population.
- Continue to encourage the development of Age friendly Aotearoa New Zealand.

For the full version of  
**'Better Later Life – He Oranga  
Kaumātua 2019 to 2034'**  
go to the SuperSeniors website at  
[www.superseniors.msd.govt.nz](http://www.superseniors.msd.govt.nz)



Office for Seniors  
Te Tari Kaumātua

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